



In the knowledge that  
we are loved, we are rooted  
by our Christian values.

**Brill Church of England School**

### **Physical Education Policy**

Policy Reviewed	Sept 2023
Policy Owner	A.Butler
Signed Headteacher	L.White
Review date	Sept 2024

**Definition:**

Physical Education is the process of learning through physical activities designed to improve physical fitness, develop fine and gross motor skills, knowledge and behaviour of healthy and active living, sportsmanship, problem solving or tactical awareness and emotional intelligence.

**Aims:**

The national curriculum for physical education aims to ensure that all pupils:

- develop competence to excel in a broad range of physical activities
- are physically active for sustained periods of time
- engage in competitive sports and activities
- lead healthy, active lives

**At Brill School we also:**

- Promote a holistic approach to Physical Education and physical literacy.
- Develop all children to excel in a broad range of, fundamental and transferable, physical skills and activities.
- Engage and inspire children to be physically active for sustained periods of time.
- Inspire children to lead healthy and active lives being aware of how diet affects the body.
- Engage and promote all children to participate and compete regularly in a wide range of competitive sports and activities.
- Promote the 'active 30 minutes' initiative by introducing 'the daily mile' and other personal challenges throughout the academic year.
- Increase physical activity during playtimes and lunchtimes by having a sports leader's team who plan and organise fun and interactive games for children to play.
- Enable children to develop skills by offering links to outside sports clubs and encourage these children to continue with sport outside of school.
- We promote the School Games, and within school we provide opportunities for sports competition with our termly Intra-School House competition. All students have a chance to access friendly competition across a wide range of activities.
- For children with disabilities, scaffolding and careful planning ensures that all children are able to access the whole curriculum.
- Opportunities to compete in sport and other activities build character and help to embed values such as fairness and respect.
- Provide opportunities for children to learn to lead through PE. This could be through leading warm ups, umpiring games and taking charge of planning activities for lessons.

**Curriculum:**

Physical Education is a statutory subject in the national curriculum. All children should take part in a minimum of 2 hours of physical activity per week. This is a mixture of both indoor and outdoor lessons. The knowledge and understanding of which are set out in the 2014 national curriculum program of study. It is lead, managed and assessed by the Physical development health and wellbeing curriculum team.

Physical Education is delivered according to the policies and principles set out in the curriculum and teaching & learning policies.

At Brill School we promote, through curriculum time and extra-curricular activities, a holistic approach to Physical Education. Early Years Foundation Stage and Key Stage 1 focus upon fundamental, transferable skills. Lower Key Stage 2 focus upon developing fundamental and game specific skills based within modified game situations while Upper Key Stage 2 focus upon developing tactical awareness, outwitting opponents, gameplay, coaching and leadership.